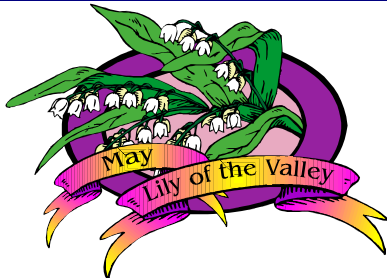
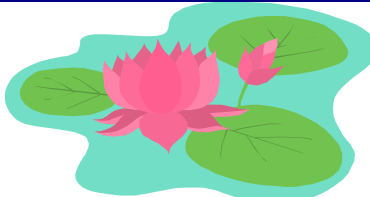




SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE MAY 2012



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1	Apple Juice Mandarin Chicken Fluffy White Rice Broccoli Florets Whole Grain White Bread Frosted Cake	2	Pier-17 Fish Potato Wedges Hawaiian Coleslaw Rye Bread Fresh Fruit	3	Garden Vegetable Soup Ham & Swiss Cheese on Croissant Macaroni Salad Mustard Leaf Lettuce & Sliced Tomatoes Tropical fruit	4	Roast Turkey w/Gravy Cornbread Stuffing Peas & Pearl Onions Cranberry Sauce Wheat Dinner Roll Sliced Pears
7	Breaded Veal Patty w/Gravy Baked Potato w/Sour Cream Succotash Whole Wheat Bread Pineapple Tidbits & Mandarin Oranges	8	Cream of Vegetable Soup Almond Cranberry Chicken Salad On Star Roll Italian Pasta Salad Cucumber Tomato Salad Saltines Mixed Fruit	9	Vegetable Lasagna Green Beans & Yellow Squash Garden Salad w/Italian Dressing Oatnut Bread Fresh Fruit	10	HAPPY MOTHER'S DAY Chilled Orange Pineapple Juice Coq Au Vin Baked Potato w/Sour Cream Peas & Pearl Onions Wheat Dinner Roll Strawberry Shortcake w/Whipped Topping	11	Italian Meatballs w/Italian Sauce Ziti w/Italian Sauce Italian Green Beans Club Roll Sliced Pears & Peaches
14	Meatloaf w/Gravy Garlic Smashed Potatoes Sicilian Blend Vegetables Whole Wheat Bread Apricots	15	Chicken Vegetable Orzo Soup Breaded Chicken Cutlet on Onion Sandwich Roll Macaroni Salad Leaf Lettuce & Sliced Tomato Mayonnaise Sliced Peaches & Pears	16	Orange Juice Apricots Glazed Roast Pork Loin w/Broth Oriental Style Rice Oriental Vegetables Dinner Roll Apple Crumb Cake	17	Mariner's Chowder Butter Crumb Fish Whipped Potatoes California Blend Vegetable Rye Bread Oyster Crackers Fruit Cocktail	18	American Chop Suey Sliced Carrots Salad Greens French Dressing Wheat Dinner Roll Fresh Fruit
21	Grape Juice Chicken Cutlet w/Divan Sauce White & Brown Rice Pilaf Peas & Diced Carrots 12-Grain Bread Tropical Fruit	22	Baked Cod w/Salsa Sauce White & Wild Rice Green & Wax Beans Whole Wheat Bread Pineapple Tidbits & Mandarin Oranges	23	MEMORIAL DAY PICNIC Orange Juice Hot Dog Hot Dog Roll Baked Beans Picnic Coleslaw Mustard/Ketchup/Relish Watermelon	24	Cranberry Juice Roast Beef w/Vegetable Gravy Baked Sweet Potatoes Mixed Vegetables Wheat Dinner Roll Banana Pudding w/Vanilla Wafers & Topping	25	Lemon Lentil Soup w/Greens Eggplant Roulette w/Marinara Sauce Rigatoni w/Italian Sauce Spinach Salad w/Mandarins & Almond Raspberry Vinegattette Dressing Italian Bread Sliced Peaches
28	CLOSED IN OBSERVANCE OF MEMORIAL DAY HOLIDAY	29	Baked Pork Steak w/Broth Whipped Potatoes Whole Baby Carrots Whole Wheat Bread Applesauce	30	Salmon Boast w/Newburg Sauce White & Brown Rice Blend Prince Edward Isle Vegetables Whole Wheat Bread Apricots	31	Orange Pineapple Juice Barbeque Chicken Baked Beans Coleslaw Wheat Dinner Roll Apple Strudel Stick		

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.
All meals are served with milk, bread and margarine. **DONATIONS: \$2.00 (or whatever you can afford)**

